**Syllabus For Sports Medicine**

**Mrs. Elizabeth Pisco**

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**Remind Code:**

**4th period-@89he24h**

**9th/10th Grade**

Welcome to the Health Care Science track! I am Mrs. Pisco, and I am so excited about being your teacher this school year. This is my first-year teaching and I have about 6 years of medical experience working in cardiac rehab and cardiac devices. Also, I have almost 5 years working with youth. I have my bachelor’s degree in Exercise Science with a minor in Management. If I’m not at school, then I am either with my family, traveling to enjoy God’ s creation, or doing something athletic outdoors. You can also find me in the kitchen because I love to cook and try out new food.

**Course Overview *–*** Sports Medicine is the third course in the Therapeutic Services/Sports Medicine Career Pathway. The course is appropriate for students who wish to pursue a career in healthcare with a focus on the musculoskeletal system, injury assessment, injury prevention, or rehabilitation including careers in Sports Medicine and Rehabilitative Services. This course will enable students to receive initial exposure to therapeutic services skills and attitudes applicable to the healthcare industry. The concepts of anatomy and physiology, assessment, preventative, and rehabilitative care are introduced. Fundamental healthcare skills development is initiated, including medical terminology, kinesiology, patient assessment, record keeping, and basic life support. There is flexibility within each standard for instruction that is provided towards any related career path. The prerequisites for this course are Introduction to Healthcare and Essentials of Healthcare. Mastery of these standards through project-based learning, technical-skills practice, and leadershipdevelopment activities of the career and technical student organization will provide students with a competitive edge for entry into either the healthcare global marketplace or a postsecondary institution to pursue further education and training. Successful completion of this course may lead to a potential opportunity for students to obtain basic credentials recognized in entry level related career fields

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| --- | --- | --- | --- |
| Unit-Employability Skills | Unit-Injury Classification and Evaluations | Unit-Infection Control | Unit-Head and Facial |
| Unit- Anatomic Positions | Unit-Healing | Unit-Upper Extremity | Unit-Spine |
| Unit-Communication | Unit-First Aid and CPR | Unit- Lower Extremity | Unit-Thoracic/Abdominal |
| Unit- Nutrition | Unit- Basic Assessment | Unit- Rehabilitation | Unit- Pharmacology |
| Unit- Therapeutic Medicine | Unit- Psychology | Unit- HOSA |  |

**LaunchPad, Canvas, and Textbook**

* Launchpad is our single sign on platform. All the apps/webtools that students will access throughout the school year, in all their courses, can be found here. You may also download the Classlink app to your device to access Launchpad from your phone or tablet.
* Our learning management system, Canvas, can be found in each student's Launchpad. The courses they are registered for will be displayed on the Dashboard in Canvas. Click on each course to find announcements, assignments, and all online instruction. You may also download the Canvas app for parents and the Canvas app for students to your cell phone or tablet.

**Materials List**

|  |  |  |
| --- | --- | --- |
| 2 inch binder | College rule paper  | Colored pencils  |
| Tape | Glue stick | Scissors |

Purple Scrubs- More info to come on that

Bring your labtop to class EVERYDAY!

**Grading Policy**

Middle and High school student performance will be recorded and reported in all courses by numerical grades, based on a 100-point scale.

* Calculation of Final Grades Final grades will be determined by the cumulative semester average using the following criteria:
* **Minor Grades** = 60% Examples include quizzes, labs, and other graded assignments to assess certain standards in a unit of study. Minimum number of minor grades per 6-week progress report period = 5
* **Major Grades** = 40% Examples include unit tests, essays, research papers, project-based assignments, and other culminating assessments to measure mastery of standards that comprise a unit of study. Minimum number of major grades per 6-week progress report period = 2

**Late/Missing Assignments**

Late work is defined as assignments that are submitted after the specified deadline. This does not apply to work submitted late due to absence from school. Students are expected to submit assignments on time.

Multiple incidents of late work may result in teacher-student-parent conferences to examine and correct the student’s work habits through an academic contract.

Scores may be reduced by 5% per school day for a 25% maximum reduction (five school days).

Late work submitted after the fifth school day will only be accepted at the teacher’s discretion.

**Relearn/Reassess**

Students who perform below 70% on a major assignment will be given the opportunity to relearn and reassess to show improvement in their mastery of the standard.

Students will submit a Relearning Plan (Request to Retest) as part of this process. This plan should include:

* Analysis of their errors or misconceptions on the previous major assignment.
* Complete assignments provided to relearn the content for mastery. Students may also attend a tutoring session.
* Complete and turn in any missing assignments.
* Commit to date(s) and time(s) to redo the assignment or retake the assessment.
* Share the plan with their parent and teacher for approval and signatures.

Upon satisfactory completion of the plan, as determined by the teacher, student should be given a minimum of one opportunity to be reassessed.

Teachers should have discretion to determine if R&R opportunities will be given for any minor assessment.

**Tutoring**

Tutoring is available as needed by appointment only on Tuesday from 4-4:30. Please contact teacher 24 hours ahead of time to schedule appointment.

**Classroom Management Policy**

**Classroom Expectations:**

All students have the right to a productive learning environment. Students will be treated as adults in a true “work-related” atmosphere. Therefore, students are expected to be on time to class and conduct themselves in a professional and respectful manner at all times.

1.Be in class and seated when the tardy bell sounds. Begin working on bellwork that will be posted on the board or in Canvas.

2.Bring all necessary materials to class every day.

3.Respect others and their property as well as yourself.

4.Absolutely no sleeping.

5.Do not disturb the classroom atmosphere.

6.Do NOT use profanity.

7.Keep the area around you clean, including desks, floors, and tables.

8. No cell phones.

9.When leaving the classroom for any reason you must have a panther pass.

10.Entering the classroom- Enter quietly, find your seat and follow the instructions on the board or in canvas for the date we are on. You have the first 10-15 min of class to complete this.

11.Tardy- once the bell rings I will close the classroom door. If the door is closed, you must go to the office for a tardy pass in order to enter the room. **FIVE TARDIES WILL EQUAL AN ABSENCE**.

**Consequences for Inappropriate Behavior**

For any minor behavior which interfere with the orderly classroom:

1st offense: Verbal Warning and/or Employability Skill score reduction

2nd offense: Parent Contact

3rd Offense: Detention

4th offense: Office referral

**HOSA- Future Health Professionals**

HOSA provides a unique program of leadership development, motivation, and recognition exclusively for secondary, postsecondary, middle school, adult, and collegiate students enrolled in health science education and biomedical science programs or have interests in pursuing careers in health professions. HOSA is 100% health care!

**AN INTEREST MEETING WILL BE HELD ON AUGUST 13, 2024 AFTERSCHOOL. MORE DETAILS TO COME.**

**SYLLABUS IS SUBJECT TO CHANGE AT THE DISCRETION OF THE TEACHER/ADMIN. STUDENTS/PARENTS WILL BE MADE AWARE OF ANY CHANGES.**